

November 2016

TRESTLE BOARD

Ionic Composite Lodge No. 520

FROM THE EAST

I was standing on the coast in the North of San Francisco past Jenner this morning. The famous fog of the region was taking over the whole scene and overwhelming the most stunning sight of the California coastline. I waited patiently and waited, then in the afternoon, the weather front overhead moved away to the south and the sun came through and revealed the most majestic view in front of my eyes.



We try to strive for many things in life: Success, recognition and fame, money, etc. But true luxury of time and comfort in life may be found elsewhere. Standing in the middle of a vast landscape and listening to the constant sound of waves, I realize how impatient we have become and how small we are in the scheme of things in nature. As if to ignore our individual intentions and designs, the sun rises, travels across the sky and sets over the ocean with or without the cloud cover to our eyes.

We individuals have many different perspectives in life. We have different ideas and plans for life and we live by what we only know. We do not agree on all things and argue what is right and what is wrong, who's idea is better than others, and so on. We vote by the virtue of democracy and rule on the opinions of the majority. However, I have a feeling that nature doesn't work that way and that it's rather more ruthless and harsher than our humanistic regulations. It is better sometimes to step away from human institutions and surrender yourself patiently to the very nature of things.

The end of the year is quickly approaching upon us. We have the annual election of the officers at our November Stated meeting, followed by the installation of the 2017 officers in December. It is a good time to start reviewing or reflecting on what you have done this year and put things in perspective. Then, let's ask ourselves, are we worthy Masons?

I will look forward to seeing you at the November and December Stated Meetings.

Fraternally,
Yuki Matsumoto - Master 2016

November 7th Stated Meeting

Doors: 5:30 p.m. | Dinner: 6:00 p.m.

Meeting: 7:15 p.m.

W.M. Yuki Matsumoto presiding

MASONS ONLY
NO OPEN PORTION

\$20.00* w/RSVP \$25.00* wo/RSVP
reservations due by October 5th

BUILD YOUR OWN TOSTADA

Grilled Chicken and Steak

Salad

Salsas

Rice

Beans

Guacamole and Chips

Dessert: Brownies

* Guests of the Master, and widows of Ionic Composite Lodge, who have not remarried, are free. Menu is Subject to Change.

NOVEMBER EVENTS

Nov 7
Stated Meeting
(Masons only NO open portion)
6:00 p.m. Dinner
7:00 p.m. Program

Nov 14
OSI at Ionic Composite Lodge
7:15 p.m. Installation plus Pillar Officers Q&A
All Officers should attend

Nov 21
Fellowship Night at our Lodge
7:15 p.m. Open to ALL Ionic Composite Lodge Members for a night of friendship and brotherly love. Light refreshments.

Nov 28
2017 Planning
7:15 p.m. All Members And Ladies Are Invited
Light Refreshments

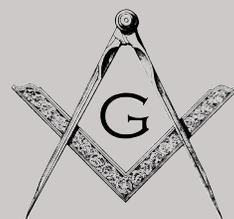
Note: Additional Events can be found on our website or Lodge App.



Ionic Composite Lodge No. 520, F.&A.M.

95th Annual Installation of Officers

December 18, 2015



Social: 5:30PM | Ceremony: 6:00PM | Dinner to follow

FOOTSTEPS OF MASONRY LECTURE 8

Spring 2015 we traveled to Israel on the Grand Master's Footsteps of Freemasonry Tour. Past Grand Master John L. Cooper III was the scholar-in-residence and delivered many lectures at historical sites. Over the next year we will feature his lectures in our Trestleboard. Enjoy!!!

Bernie Morse PM
Joseph Esshaghian PM

Monday, May 11, 2015
John L. Cooper III, Ph.D.

The Holy Royal Arch and Legends of the Secret Vault:

- Freemasonry & the Lost Word
- The Temple of Enoch & the Pillars of Brick and Brass
- Freemasonry and the Secret Tradition

Some of the legend-creators associated these long-lost secrets with a temple attributed to the Patriarch Enoch, which he was supposed to have built on the same site as King Solomon's Temple. According to Masonic legend, Enoch built a temple above an underground chamber, or "secret vault" where he deposited a golden plate with the Name of God engraved on it. The story continues by explaining that King Solomon discovered this hidden chamber when he was preparing the foundations of his own Temple, and thus recovered the True Name of God which had been forgotten through the ages. He was supposed to have later deposited this True Name of God in the great Temple which he built in the Holy of Holies and on or inside the Ark of the Covenant. These stories of a hidden secret beneath the Temple Mount gave rise to a whole series of Masonic degrees which deal with the True Name of God, and as their discovery is associated with hidden chambers, or "vaults", they are often referred to as the "Vault" degrees. Amongst these degrees the most prominent is that of the Holy Royal Arch – one of the most widely distributed Masonic degrees in the world. But there are others – the Royal Master Degree and the Select Master Degree are but two examples.

Fellowship Night

Let's talk, joke, and get to know each other.

Let's come together and create of vision of what we want
Ionic Composite's future to be.

Monday, November 21, 2016; 7:15p.m.

Dress: casual

Light refreshments

Ionic Composite Brothers of all degrees only

At: Ionic Composite Lodge No. 520

No cost, but RSVP to Lodge office for headcount

FROM THE WEST

Well, it's the end of the year all ready! Some things changed, some stayed the same and the wheel turns again. Over all, I'm pretty proud of some of the new initiatives we did this year. In particular, our Digital Outreach. We updated our website, got a lodge app, twitter, Periscope, Facebook Live, VR EA Tracing board – and wait for it, just got special dispensation from the Grand Master to use a Virtual Reality Chamber of Reflection! This is what started my journey into Virtual Reality. I wanted to create a Chamber of Reflection for the lodge-but as we know, we must use a dedicated space, and space is sparse at Ionic Composite. By the time you read this, you will be able to download our Chamber of Reflection from our website. It's priced at \$1.99, but get on our app and ask for the coupon code. It's free for our members. It is currently the first version and only for Android right now. I do plan on working on it some more with updated sounds and features and iOS in the near future.

Being the end of the year also means the end of my tenure in line. I had fun, worked a lot, learned a lot and hope that I helped to the best of my ability. I feel that I can do more while NOT in line. I plan on continueing with social media and the Digital Outreach while popping in for degrees, programs, etc.

With that being said, if you have any questions about technology, please contact me and I'll do what I can to get you up to date. With all the new tech, I am absolutely certain we will be able to upload ourselves into robot bodies sooner than later – perhaps I should start a new proposal for next year's Annual Communications!

Fraternally and Technologically,
Tim Shiner

DO YOU NEED A RIDE TO LODGE?

No brother should be unable to come to lodge because he can't get a ride! If you'd like to attend lodge on any night and need transportation, please inform the lodge office and we will make arrangements for you to be there!

Have you joined the digital Lodge community yet?

- Keep in touch with Brothers.
- Share photos, memories and more

Find out what you've been missing by download it to your smartphone here:
<http://ourapp.link/ionic-composite-520>

**if you have any problems, please call me at (310) 497-4408 and I can walk you through or meet up with you!

FROM THE SOUTH

“To relieve the distressed is a duty incumbent on all men, but particularly on Masons, who are linked together by an indissoluble chain of sincere affection. To soothe the unhappy, to sympathize with their misfortunes, to compassionate their miseries, and to restore peace to their troubled minds, is the great aim we have in view. On this basis we form our friendships and establish our connections.”

Charity has been a subject of conversation in our Lodge for the past months and has been one of our Master Yuki’s goals this year. To re-take this principle and to make our Lodge, and Freemasonry in general, even more relevant in our current times by helping wherever we can in our communities. One of the biggest challenges is that we often forget that charity is more than just giving money away; charity also involves giving time, talent and skills in service of the community. I believe this year we have succeeded in this. As a lodge we have symbolically contributed to a few worthy charities and programs; the biggest help they can receive is by us, as individuals, being aware of their existence and as individuals help however we can. Also, as a lodge we organized a great event for the Masons 4 Mitts program benefitting the LA

Dodgers Foundation. This was a huge success; many brothers donated to this cause, but many other donated their time and talents to the cause and to the production of the event. Thanks to both efforts our Lodge was able to contribute a lot for such a noble cause.

I’m looking forward for next year, where we can continue doing what worked this year and to adjust the efforts and energy that need to be adjusted so that we continue to help and inspire our communities and society in general, and I invite all the members of our Lodge to join us in these efforts.

Well, November’s stated meeting is around the corner. Given that it will be elections night (and I mean our Lodge election for next year, not the country’s), it will be open only to Masons. So, if you are a member of our lodge you should attend. It will be a great opportunity to reconnect and to get to know the officers line for next year, oh, and to actually cast your vote. By the way, food has been great this year.

Fraternaly,
Mauricio León – Junior Warden

Have an Event or Announcement? Written a Masonic Paper?

We would love for you
to submit them to the Trestleboard.

Please email Material to:
John Wilson – vjpsyop@gmail.com
Evan Weiss, P.M. – astyle520@gmail.com



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Brethren, please share this with your Lady!



Ladies of Ionic Composite Lodge

*Let's celebrate the up-coming birth
of a daughter for
Brother Arsen and Julia Melkumyan*

WHEN: Monday, December 5, 2016

Special ladies "baby shower" after the open portion of the Stated Meeting
We would be thrilled if you would join us earlier, dinner is by reservation: \$20.00

Dinner: 6:00PM,
Open portion: 7:00PM
Please RSVP to the lodge office: 310-657-2628
Specify dinner and/or "Baby Shower"

For more information, contact:

Debbie Bear
Trisha Bear
Grace Koretz
Carolyn Morse
Lucy Matsumoto

THINK ABOUT IT

In the past few weeks, I have found myself bidding farewell to two people who had, over the decades, some substantial impact on my personal life. One of them is well known to most of you and the other is a person whom all of you have probably never heard about.

The familiar person is Vin Scully, who was the only broadcaster for the Los Angeles Dodgers in their history in this city, almost 60 years. For me, he and the team are inseparable and the thought of not hearing him call the games next year leaves a large hole in my heart.

The person whom you likely do not know was named Sherman Mellinkoff. He passed away last July at the age of 96. I first came to know Sherm (as those of us privileged to know him referred to him) when I entered the UCLA School of Medicine in 1963. He was the second dean of the medical school and had just been appointed the previous year. He remained the dean for almost 25 years until he finally retired in the late 1980s. During that time he oversaw the growth of the medical school from a class of about 70 students to an internationally renowned medical education and research institute with about 200 students per class, a diversified post-graduate medical training center for virtually every medical specialty known to man, and a place where literally thousands of researchers are employed. While I did not interact with Sherm much during my medical school years, he was also a gastroenterologist and, during my two years of training in that specialty,

I made rounds with him on a weekly basis. It was there that I found him to be an extraordinarily caring, gentle, and knowledgeable individual who was largely responsible for teaching me how to take a medical history. I joined the faculty in 1974 and for the next decade or more, I would interact with him collegially on a regular basis and learned how much he knew not just about medicine, but also about literature, philosophy, history, and other non-medical subjects. At a recent memorial service for Sherm, a number of speakers talked about how he believed that his job was to help the faculty, not himself. To quote one of those speakers, "he sought to create greatness in others".

And this is where the commonality between the two men became obvious to me. Both of them achieved remarkable success simply by doing their job. They never blew their own horns. The characteristic that binds them is unbridled humility. This characteristic not only allowed them to do well, but it was likely the greatest reason for all of those who came to know them to also come to love them. Neither of them will ever be replaced, but it was my very good fortune to be able, in some way, to appreciate them and learn from them. In their memory, I would like to wish that all of us strive to be as humble as these two were.

Think about it.
Ron Koretz, P.M.

NOVEMBER BIRTHDAYS

Louis Roman Dalesandro	03	Harry William Tepper	10	Morris Hyman Darnov	22
Laurence J. Friedman	03	Sheldon Ira Lodmer	15	Mauricio Javier Leon	25
Matthew Langston Wilson	04	Lawrence Michael Lebowsky	PM 16	John Bell Rasor	26
Albert Paul Canter	06	Timothy Joseph Shiner	PM 17	Leonard Jeremiah King	27
Gene V. Pira	08	Edward Albert Trabin	19	Zachary Harris Lodmer	30
Clarence Neal Jr.	09	Michael Anthony Pecina	21		
JohnRobert Paul Wilson	09	Steven L. Bailin	22		

BRETHREN AND FAMILY MEMBERS

Sick and Visitation Committee Report

We Wish Everyone a Full and Complete Recovery

Geri Edelman
Still having swallowing difficulties, and other medical problems.

Jay Richards
At home – limited to wheelchair for ongoing weakness.

Leonard Hess
Confined mostly to home because of stroke

Millie Torf
Home recovering from broken leg

Arsen Melkumyan
Recovering from pulmonary procedure

Brethren Please, a Telephone call from you could brighten their day

If you know of a Brother or a member of a Brother’s family who is ill, please contact the Lodge Office: Tel: 310. 657.2628

Funeral Telephone list: Any brother who would like to be placed on the funeral notification call list, your presence would be deeply appreciated. Please contact the Lodge Office

2016 OFFICERS

Master – Yuki Matsumoto (Lucy)

Junior Steward – D’Angelo Jones

Senior Warden – Tim Shiner, P.M.

Tiler – Evan Weiss, P.M.

Junior Warden – Mauricio Leon (Renata)

Officers’ Coach – Bernie Morse, P.M. (Carolyn)

Treasurer – Steve Resnick (Sheelah)

Candidates’ Coach – Jeffrey Bear, P.M. (Trisha)

Secretary – Daniel Ferszt (Shannon)

Inspector for the 709th Masonic District
Justin Daza-Ritchie (Cynthia)

Chaplain – Mike Leiaghat

Trestleboard Editor – Evan Weiss, P.M.

Assistant Secretary – Jeff Bear, P.M. (Trisha)

Trestleboard Layout – JohnRobert Wilson (Sanae)

Senior Deacon – Arsen Melkumyan (Julia)

Junior Deacon – Yuriy Kotlyar

Marshal – Aaron Ganz

Senior Steward – Kevin Silver (Katherine)